



30 MINS



WORKSHEET &amp; PENCIL

An acrostic is a poem in which the first letter of each line spells out a word, message or the alphabet. The lines can rhyme but they don't have to! Have a look at my example to give you some ideas! Then choose your favourite way to travel to school and write your very own acrostic poem.

Example:

**W**\_Walking is the way I like to go to school,

**A**\_Along the path and down the lane, the air is sometimes cool,


**L**\_Laughter keeps us warm though, I travel with my friends,

**K**\_Keep moving until we reach the gate, where our adventure comes to an end,

**I**\_In through the classroom door, we learn lots of amazing stuff,

**N**\_No car for me today, I love walking, I just can't get enough!

**G**\_Go, Go, it's time to go! The school bell makes the sound, walking is my favourite way I like to get to around!



Give it a go! (Use the words walking, cycling or scooting—pick your favourite!)



**Share:** We'd love to hear your brilliant poems. Parents and carers, feel free to tag us in any social media posts about these poems E.g. photos or video poem recitals! Tag us using @SustransNI on Facebook and Twitter

Enjoy this activity? Use #stayhomestayactive and tag us @SustransNI on [Facebook](#) and [Twitter](#)

The Active School Travel Programme is an exciting initiative for schools who wish to see more of their pupils choosing an active and healthy journey to school. The programme provides schools with the skills and knowledge to get more children walking, cycling and scooting as their main mode of transport to school.

Find out more at [www.sustrans.org.uk/NIschools](http://www.sustrans.org.uk/NIschools)