Active School Travel

Bike floor art

30 mins

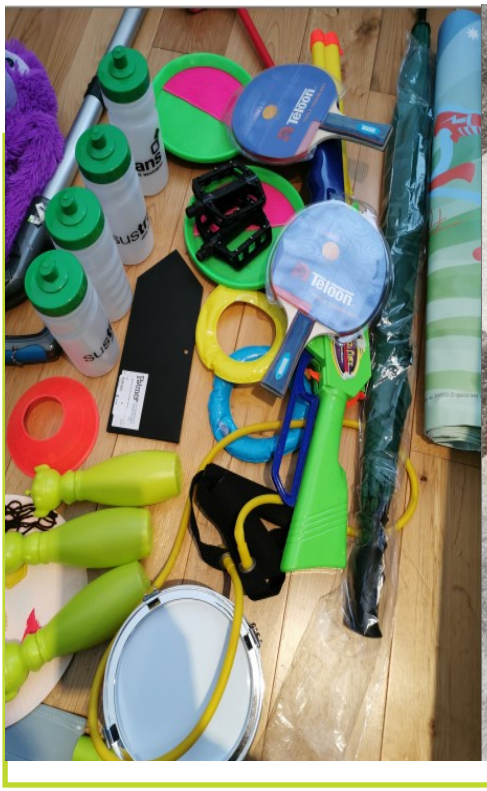
Resources – Items from around home

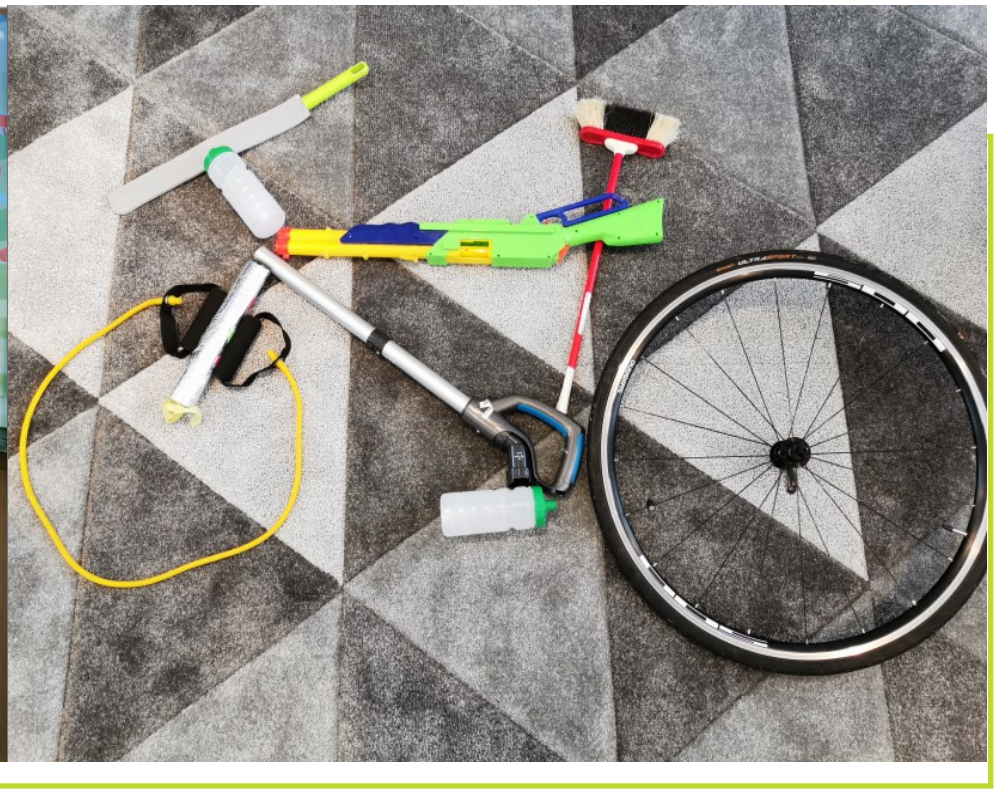
Activity

Aim: Create brilliant bike designs using everyday things from around your home!

Instructions: Search around your home for items of various shapes and sizes. Clear a space on the floor as your 'canvas!'. Using the items you have collected shape these into the design of bicycles!

Extension: Research iconic bicycles through history such as the 'Penny Farthing', 'Boneshaker' & the 'Velocipide'. Find out what they looked like; what they were made of; who invented them and what year they were first made. See if you can recreate these historic bikes at home using floor art!





The Active School Travel Programme is an exciting initiative for schools who wish to see more of their pupils choosing an active and healthy journey to school. The programme provides schools with the skills and knowledge to get more children walking, cycling and scooting as their main mode of transport to school.

Find out more at www.sustrans.org.uk/NIschools